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APPLICATION FOR LETTERS PATENT

**Cardiac Stimulation Devices and Methods for  
Measuring Impedances Associated with the Left Side of  
the Heart**

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1 Traditionally, therapy delivery has been limited to the right side of the  
2 heart. The reason for this is that implanted electrodes can cause blood clot  
3 formation in some patients. If a blood clot were released from the left-side of the  
4 heart, as from the left ventricle, it could pass directly to the brain resulting in a  
5 paralyzing or fatal stroke. However, a blood clot released from the right side of  
6 the heart, as from the right ventricle, would pass into the lungs where the filtering  
7 action of the lungs would prevent a fatal or debilitating embolism in the brain.

8 Recently, new lead structures and methods have been proposed and even  
9 practiced for delivering cardiac rhythm management therapy from or to the left-  
10 side of the heart. These lead structures and methods avoid electrode placement  
11 within the left atrium and left ventricle of the heart by lead implantation within the  
12 coronary sinus and/or the great vein of the heart which communicates with the  
13 coronary sinus and extends down towards the apex of the heart. As is well known,  
14 the coronary sinus passes closely adjacent the left atrium and extends into the  
15 great vein adjacent the left ventricular free wall. The great vein then continues  
16 adjacent the left ventricle towards the apex of the heart.

17 It has been observed that electrodes placed in the coronary sinus and great  
18 vein may be used for left atrial pacing, left ventricular pacing, and even  
19 cardioversion and defibrillation. This work is being done to address the needs of a  
20 patient population with left ventricular dysfunction and congestive heart failure.  
21 This patient class has been targeted to receive pacing leads intended for left  
22 ventricular pacing, either alone or in conjunction with right ventricular pacing.  
23 When delivering such therapy to these patients, it would be desirable to provide  
24 device-based measurements of left ventricular function for both monitoring and  
25 therapy delivery.

1 It is known in the art that device-based impedance measurements offer one  
2 method for assessing patient condition. It is also well known, however, that bio-  
3 impedance measurements can be confounded by signals not directly related to the  
4 desired physiology to be measured. For example, a measurement of impedance  
5 from a unipolar tip electrode in the right ventricular apex will contain signal  
6 components related to respiration, and right ventricular, left ventricular, and aortic  
7 hemodynamics. Filtering of the signal can help to isolate the various desired  
8 signals, but the filtering required to accurately isolate the desired signals are often  
9 not feasible in an implantable cardiac rhythm management device.

10 It is also known that localization of the desired signals is improved by  
11 making proper choice of electrode configurations between which impedance  
12 measurements are made. For example, a transchamber impedance technique is  
13 known wherein impedance measurements are made between electrodes in the right  
14 atrium and right ventricle to assist in isolating the right ventricular hemodynamics.

15 The advent of cardiac leads for delivering therapy to the left-side of the  
16 heart which are often placed in the coronary sinus and great cardiac vein require  
17 new techniques for measurement of functional parameters of, or associated with, a  
18 heart. As will be seen hereinafter, the present invention addresses those needs.

## 19 SUMMARY

20  
21 Methods of and systems for measuring impedance, and for measuring at  
22 least one physiological parameter for assessing a patient's cardiac condition based  
23 on left heart impedance measurements are described. Various embodiments  
24 establish a current flow through a left side of the heart and measure a voltage  
25 between a first location on or in the left side of the heart and a second location



1 FIG. 1 is a simplified diagram illustrating an implantable stimulation device  
2 in electrical communication with at least three leads implanted into a patient's  
3 heart for delivering multi-chamber stimulation and shock therapy;

4 FIG. 2 is a functional block diagram of a multi-chamber implantable  
5 stimulation device illustrating exemplary basic elements of a stimulation device  
6 which can provide cardioversion, defibrillation and/or pacing stimulation in up to  
7 four chambers of the heart;

8 FIG. 3 is a reproduction of the patient's heart shown in FIG. 1 illustrating a  
9 an electrode configuration that is suitable for use in ascertaining an impedance  
10 measure in accordance with one embodiment.

11 FIG. 4 is a reproduction of the patient's heart shown in FIG. 1 illustrating a  
12 an electrode configuration that is suitable for use in ascertaining an impedance  
13 measure in accordance with one embodiment.

14 FIG. 5 is a reproduction of the patient's heart shown in FIG. 1 illustrating a  
15 an electrode configuration that is suitable for use in ascertaining an impedance  
16 measure in accordance with one embodiment.

17 FIG. 6 is a reproduction of the patient's heart shown in FIG. 1 illustrating a  
18 an electrode configuration that is suitable for use in ascertaining an impedance  
19 measure in accordance with one embodiment.

20 FIG. 7 is a reproduction of the patient's heart shown in FIG. 1 illustrating a  
21 an electrode configuration that is suitable for use in ascertaining an impedance  
22 measure in accordance with one embodiment.

23 FIG. 8 is a reproduction of the patient's heart shown in FIG. 1 illustrating a  
24 an electrode configuration that is suitable for use in ascertaining an impedance  
25 measure in accordance with one embodiment.

1 FIG. 9 is a reproduction of the patient's heart shown in FIG. 1 illustrating a  
2 an electrode configuration that is suitable for use in ascertaining an impedance  
3 measure in accordance with one embodiment.

4 FIG. 10 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
5 a an electrode configuration that is suitable for use in ascertaining an impedance  
6 measure in accordance with one embodiment.

7 FIG. 11 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
8 a an electrode configuration that is suitable for use in ascertaining an impedance  
9 measure in accordance with one embodiment.

10 FIG. 12 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
11 a an electrode configuration that is suitable for use in ascertaining an impedance  
12 measure in accordance with one embodiment.

13 FIG. 13 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
14 a an electrode configuration that is suitable for use in ascertaining an impedance  
15 measure in accordance with one embodiment.

16 FIG. 14 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
17 a an electrode configuration that is suitable for use in ascertaining an impedance  
18 measure in accordance with one embodiment.

19 FIG. 15 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
20 a an electrode configuration that is suitable for use in ascertaining an impedance  
21 measure in accordance with one embodiment.

22 FIG. 16 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
23 a an electrode configuration that is suitable for use in ascertaining an impedance  
24 measure in accordance with one embodiment.  
25

1 FIG. 17 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
2 a an electrode configuration that is suitable for use in ascertaining an impedance  
3 measure in accordance with one embodiment.

4 FIG. 18 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
5 a an electrode configuration that is suitable for use in ascertaining an impedance  
6 measure in accordance with one embodiment.

7 FIG. 19 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
8 a an electrode configuration that is suitable for use in ascertaining an impedance  
9 measure in accordance with one embodiment.

10 FIG. 20 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
11 a an electrode configuration that is suitable for use in ascertaining an impedance  
12 measure in accordance with one embodiment.

13 FIG. 21 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
14 a an electrode configuration that is suitable for use in ascertaining an impedance  
15 measure in accordance with one embodiment.

16 FIG. 22 is a reproduction of the patient's heart shown in FIG. 1 illustrating  
17 a an electrode configuration that is suitable for use in ascertaining an impedance  
18 measure in accordance with one embodiment.

19  
20 **DETAILED DESCRIPTION**

21 The following description is of the best mode presently contemplated for  
22 practicing the invention. This description is not to be taken in a limiting sense but  
23 is made merely for the purpose of describing the general principles of the  
24 invention. The scope of the invention should be ascertained with reference to the  
25



1 issued claims. In the description of the invention that follows, like numerals or  
2 reference designators will be used to refer to like parts or elements throughout.

### 3 4 Exemplary Stimulation Device

5 The following description sets forth but one exemplary stimulation device  
6 that is capable of being used in connection with the various embodiments that are  
7 described below. It is to be appreciated and understood that other stimulation  
8 devices, including those that are not necessarily implantable, can be used and that  
9 the description below is given, in its specific context, to assist the reader in  
10 understanding, with more clarity, the inventive embodiments described herein.

11 FIG. 1 illustrates a stimulation device 10 in electrical communication with a  
12 patient's heart 12 suitable for delivering multi-chamber stimulation and shock  
13 therapy. The portions of the heart 10 illustrated include the right ventricle 14, the  
14 right atrium 15, the left ventricle 17, and the left atrium 18. As used herein, the  
15 left-side of the heart is meant to denote the portions of the heart encompassing the  
16 left ventricle 17 and the left atrium 18 and those portions of the coronary sinus,  
17 great cardiac vein, and its associated tributaries, which are adjacent the left atrium  
18 and left ventricle. As will be seen hereinafter, the device 10 includes a system for  
19 measuring a physiological parameter, and more particularly, the left ventricular  
20 impedance corresponding to contraction of the heart 12, in accordance with  
21 various embodiments described in further detail below.

22 To sense atrial cardiac signals and to provide right atrial chamber  
23 stimulation therapy, the stimulation device 10 is coupled to an implantable right  
24 atrial lead 20 having at least an atrial tip electrode 22, and preferably a right atrial  
25

1 ring electrode 23, which typically is implanted in the patient's right atrial  
2 appendage.

3 To sense left atrial and ventricular cardiac signals and to provide left-  
4 chamber pacing therapy, the stimulation device 10 is coupled to a "coronary sinus"  
5 lead 24 designed for placement in the "coronary sinus region" via the coronary  
6 sinus os so as to place one or more distal electrodes adjacent to the left ventricle  
7 17 and one or more proximal electrodes adjacent to the left atrium 18. As used  
8 herein, the phrase "coronary sinus region" refers to the vasculature of the left  
9 ventricle, including any portion of the coronary sinus, great cardiac vein, left  
10 marginal vein, left posterior ventricular vein, middle cardiac vein, and/or small  
11 cardiac vein or any other cardiac vein accessible by the coronary sinus.

12 Accordingly, the coronary sinus lead 24 is designed to receive atrial and  
13 ventricular cardiac signals and to deliver: left ventricular pacing therapy using, for  
14 example, a left ventricular tip electrode 25 and a left ventricular ring electrode 26;  
15 left atrial pacing therapy using, for example, a first and second left atrial ring  
16 electrode, 27 and 28; and shocking therapy using at least a left atrial coil electrode  
17 29. For a complete description of a coronary sinus lead, refer to U.S. Patent  
18 Application No. 09/457,277, titled "A Self-Anchoring, Steerable Coronary Sinus  
19 Lead" (Pianca et al.); and U.S. Patent No. 5,466,254, titled "Coronary Sinus Lead  
20 with Atrial Sensing Capability" (Helland), which patents are hereby incorporated  
21 herein by reference.

22 The stimulation device 10 is also shown in electrical communication with  
23 the patient's heart 12 by way of an implantable right ventricular lead 30 having a  
24 right ventricular tip electrode 32, a right ventricular ring electrode 34, a right  
25 ventricular (RV) coil electrode 36, and an SVC coil electrode 38. Typically, the

1 right ventricular lead 30 is transvenously inserted into the heart 12 so as to place  
2 the right ventricular tip electrode 32 in the right ventricular apex so that the RV  
3 coil electrode 36 will be positioned in the right ventricle and the SVC coil  
4 electrode 38 will be positioned in the superior vena cava. Accordingly, the right  
5 ventricular lead 30 is capable of receiving cardiac signals, and delivering  
6 stimulation in the form of pacing and shock therapy to the right ventricle 14.

7 FIG. 2 illustrates a simplified block diagram of the multi-chamber  
8 implantable stimulation device 10, which is capable of treating both fast and slow  
9 arrhythmias with stimulation therapy, including cardioversion, defibrillation, and  
10 pacing stimulation. While a particular multi-chamber device is shown, this is for  
11 illustration purposes only, and one of skill in the art could readily duplicate,  
12 eliminate or disable the appropriate circuitry in any desired combination to  
13 provide a device capable of treating the appropriate chamber(s) with  
14 cardioversion, defibrillation and/or pacing stimulation. In addition, it will be  
15 appreciated and understood that various processing steps about to be described can  
16 be implemented in the form of software instructions that are resident on a  
17 computer-readable media that is located on the stimulation device. Accordingly,  
18 aspects of the invention described herein extend to all forms of computer-readable  
19 media, whether on the stimulation device or not, when such media contains  
20 instructions that, when executed by one or more processors, implement the  
21 methods described herein.

22 The stimulation device 10 includes a housing 40 which is often referred to  
23 as "can", "case" or "case electrode", and which may be programmably selected to  
24 act as the return electrode for all "unipolar" modes. The housing 40 may further be  
25

1 used as a return electrode alone or in combination with one or more of the coil  
2 electrodes 29, 36, or 38, for shocking purposes.

3 The housing 40 further includes a connector (not shown) having a plurality  
4 of terminals, 42, 43, 44, 45, 46, 47, 48, 52, 54, 56, and 58 (shown schematically  
5 and, for convenience, the names of the electrodes to which they are connected are  
6 shown next to the terminals). While it is recognized that current devices are  
7 limited to the number of terminals due to International Standards, one of skill in  
8 the art could readily eliminate some of the terminals/electrodes to fit in the  
9 existing device configurations and permit programmability to select which  
10 terminals connect to which electrodes. However, in the near future, the standards  
11 may change to permit multi-polar in-line connectors, and multiple feedthroughs  
12 connectors could readily be manufactured to accommodate the configuration  
13 shown in FIG. 2.

14 As such, to achieve right atrial sensing and pacing, the connector includes  
15 at least a right atrial tip terminal 42 and a right atrial ring terminal 43, adapted for  
16 connection to the atrial tip electrode and ring electrodes 22 and 23, respectively.

17 To achieve left chamber sensing, pacing and/or shocking, the connector  
18 includes at least a left ventricular tip terminal 44, a left ventricular ring electrode  
19 45, a first left atrial ring terminal 46, a second left atrial ring terminal 47, and a  
20 left atrial shocking terminal 48, which are adapted for connection to the left  
21 ventricular tip electrode 25, left ventricular ring 26, the first left atrial tip electrode  
22 27, the second left atrial ring electrode 28, and the left atrial coil electrode 29,  
23 respectively.

24 To support right chamber sensing, pacing and/or shocking, the connector  
25 further includes a right ventricular tip terminal 52, a right ventricular ring terminal

54, a right ventricular (RV) shocking terminal 56, and an SVC shocking terminal 58, which are adapted for connection to the right ventricular tip electrode 32, right ventricular ring electrode 34, the RV coil electrode 36, and the SVC coil electrode 38, respectively.

At the core of the stimulation device 10 is a programmable microcontroller or microprocessor 60 that controls the various modes of stimulation therapy. As is well known in the art, the microcontroller 60 typically includes a microprocessor, or equivalent control circuitry, designed specifically for controlling the delivery of stimulation therapy, and may further include RAM or ROM memory, logic and timing circuitry, state machine circuitry, and I/O circuitry. Typically, the microcontroller 60 includes the ability to process or monitor input signals (data) as controlled by a program code stored in a designated block of memory. The details of the design and operation of the microcontroller 60 are not critical to the present invention. Rather, any suitable microcontroller 60 may be used that carries out the functions described herein. The use of microprocessor-based control circuits for performing timing and data analysis functions are well known in the art.

As shown in FIG. 2, an atrial pulse generator 70 and a ventricular pulse generator 72 generate pacing stimulation pulses for delivery by the right atrial lead 20, the right ventricular lead 30, and/or the coronary sinus lead 24 via a switch bank 74. It is understood that in order to provide stimulation therapy in each of the four chambers of the heart, the atrial pulse generator 70 and the ventricular pulse generator 72 may include dedicated, independent pulse generators, multiplexed pulse generators, or shared pulse generators. The atrial pulse generator 70 and the ventricular pulse generator 72 are controlled by the

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1 microcontroller 60 via appropriate control signals 76 and 78, respectively, to  
2 trigger or inhibit the stimulation pulses.

3 The microcontroller 60 further includes timing control circuitry 79 which is  
4 used to control the timing of such stimulation pulses (e.g., pacing rate, atrio-  
5 ventricular (AV) delay, atrial interconduction (A-A) delay, or ventricular  
6 interconduction (V-V) delay, etc.), as well as to keep track of the timing of  
7 refractory periods, PVARP intervals, noise detection windows, evoked response  
8 windows, alert intervals, marker channel timing (via marker channel logic 81),  
9 etc., which is well known in the art.

10 The switch bank 74 includes a plurality of switches for connecting the  
11 desired electrodes to the appropriate I/O circuits, thereby providing complete  
12 electrode programmability. Accordingly, the switch bank 74, in response to a  
13 control signal 80 from the microcontroller 60, determines the polarity of the  
14 stimulation pulses (e.g. unipolar, bipolar, combipolar, etc.) and various shocking  
15 vectors by selectively closing the appropriate combination of switches (not shown)  
16 as is known in the art.

17 Atrial sensing circuits 82 and ventricular sensing circuits 84 may also be  
18 selectively coupled to the right atrial lead 20, coronary sinus lead 24, and the right  
19 ventricular lead 30, through the switch bank 74, for detecting the presence of  
20 cardiac activity in each of the four chambers of the heart. Accordingly, the atrial  
21 and ventricular sensing circuits 82 and 84 may include dedicated sense amplifiers,  
22 multiplexed amplifiers, or shared amplifiers. The switch bank 74 determines the  
23 "sensing polarity" of the cardiac signal by selectively closing the appropriate  
24 switches. In this way, the clinician may program the sensing polarity independent  
25 of the stimulation polarity.

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1 The atrial sensing circuit 82 or the ventricular sensing circuit 84 preferably  
2 employ one or more low power, precision amplifiers with programmable gain  
3 and/or automatic gain control, bandpass filtering, and a threshold detection circuit,  
4 to selectively sense the cardiac signal of interest. The automatic gain control  
5 enables the stimulation device 10 to deal effectively with the difficult problem of  
6 sensing the low amplitude signal characteristics of atrial or ventricular fibrillation.  
7 The outputs of the atrial and ventricular sensing circuits, 82 and 84, are connected  
8 to the microcontroller 60 for triggering or inhibiting the atrial and ventricular pulse  
9 generators, 70 and 72, respectively, in a demand fashion, in response to the  
10 absence or presence of cardiac activity, respectively, in the appropriate chambers  
11 of the heart.

12 For arrhythmia detection, the stimulation device 10 utilizes the atrial and  
13 ventricular sensing circuits, 82 and 84, to sense cardiac signals for determining  
14 whether a rhythm is physiologic or pathologic. As used herein "sensing" is  
15 reserved for the noting of an electrical signal, and "detection" is the processing of  
16 these sensed signals and noting the presence of an arrhythmia. The timing  
17 intervals between sensed events (e.g. P-waves, R-waves, and depolarization  
18 signals associated with fibrillation which are sometimes referred to as "F-waves"  
19 or "Fib-waves") are then classified by the microcontroller 60 by comparing them  
20 to a predefined rate zone limit (e.g. bradycardia, normal, low rate VT, high rate  
21 VT, and fibrillation rate zones) and various other characteristics (e.g. sudden  
22 onset, stability, physiologic sensors, and morphology, etc.) in order to determine  
23 the type of remedial therapy that is needed (e.g. bradycardia pacing, anti-  
24 tachycardia pacing, cardioversion shocks or defibrillation shocks, collectively  
25 referred to as "tiered therapy").

1 Cardiac signals are also applied to the inputs of an analog-to-digital (A/D)  
2 data acquisition system 90. The data acquisition system 90 is configured to  
3 acquire intracardiac electrogram signals, convert the raw analog data into digital  
4 signals, and store the digital signals for later processing and/or telemetric  
5 transmission to an external device 102. The data acquisition system 90 is coupled  
6 to the right atrial lead 20, the coronary sinus lead 24, and the right ventricular lead  
7 30 through the switch bank 74 to sample cardiac signals across any pair of desired  
8 electrodes.

9 The microcontroller 60 is further coupled to a memory 94 by a suitable  
10 data/address bus 96, wherein the programmable operating parameters used by the  
11 microcontroller 60 are stored and modified, as required, in order to customize the  
12 operation of the stimulation device 10 to suit the needs of a particular patient.  
13 Such operating parameters define, for example, pacing pulse amplitude, pulse  
14 duration, electrode polarity, rate, sensitivity, automatic features, arrhythmia  
15 detection criteria, and the amplitude, waveshape and vector of each shocking pulse  
16 to be delivered to the patient's heart 12 within each respective tier of therapy.

17 Advantageously, the operating parameters of the stimulation device 10 may  
18 be non-invasively programmed into the memory 94 through a telemetry circuit  
19 100 in telemetric communication with the external device 102, such as a  
20 programmer, transtelephonic transceiver, or a diagnostic system analyzer. The  
21 telemetry circuit 100 is activated by the microcontroller 60 by a control signal 106.  
22 The telemetry circuit 100 advantageously allows intracardiac electrograms and  
23 status information relating to the operation of the stimulation device 10 (as  
24 contained in the microcontroller 60 or memory 94) to be sent to the external  
25 device 102 through the established communication link 104.





1 end, the microcontroller 60 further controls a shocking circuit 116 by way of a  
2 control signal 118. The shocking circuit 116 generates shocking pulses of low (up  
3 to 0.5 joules), moderate (0.5 - 10 joules), or high (11 to 40 joules) energy, as  
4 controlled by the microcontroller 60. Such shocking pulses are applied to the  
5 patient's heart through at least two shocking electrodes, and as shown in this  
6 embodiment, selected from the left atrial coil electrode 29, the RV coil electrode  
7 36, and/or the SVC coil electrode 38 (FIG. 1). As noted above, the housing 40  
8 may act as an active electrode in combination with the RV electrode 36, or as part  
9 of a split electrical vector using the SVC coil electrode 38 or the left atrial coil  
10 electrode 29 (i.e., using the RV electrode as the common electrode).

11 Cardioversion shocks are generally considered to be of low to moderate  
12 energy level (so as to minimize pain felt by the patient), and/or synchronized with  
13 an R-wave and/or pertaining to the treatment of tachycardia. Defibrillation shocks  
14 are generally of moderate to high energy level (i.e., corresponding to thresholds in  
15 the range of 5-40 joules), delivered asynchronously (since R-waves may be too  
16 disorganized), and pertaining exclusively to the treatment of fibrillation.  
17 Accordingly, the microcontroller 60 is capable of controlling the synchronous or  
18 asynchronous delivery of the shocking pulses.

19 As further shown in Fig. 2, the stimulation device 10 is shown as having an  
20 impedance measuring circuit 120 including an impedance measuring current  
21 source 112 and a voltage measuring circuit 90 (shown in FIG. 2 as an A/D  
22 converter), which is enabled by the microcontroller 60 by a control signal 114 for  
23 providing stroke volume measurements of the heart. The current source 112  
24 preferably provides an alternating or pulsed excitation current. The voltage  
25

1 measuring circuitry 90 may also take the form of, for example, a differential  
2 amplifier.

3 The uses for an impedance measuring circuit 120 include, but are not  
4 limited to, lead impedance surveillance during the acute and chronic phases for  
5 proper lead positioning or dislodgment; detecting operable electrodes and  
6 automatically switching to an operable pair if dislodgment occurs; measuring a  
7 respiration parameter (for example, tidal volume, respiration rate, minute  
8 ventilation or volume, abnormal or periodic breathing); measuring thoracic  
9 impedance for determining shock thresholds and shock timing (corresponding to  
10 the diastolic time); detecting when the device has been implanted; measuring a  
11 cardiac parameter (such as, stroke volume, wall thickness, left ventricular volume,  
12 etc.); and detecting the opening of the valves, etc. In the present embodiment, the  
13 impedance measuring circuit is used to monitor left heart disease and provides  
14 appropriate stimulation therapy, such as altering rate, AV , A-A , or V-V delays.  
15 The impedance measuring circuit 120 is advantageously coupled to the switch  
16 bank 74 so that any desired electrode may be used. Impedance may also be useful  
17 in verifying hemodynamic collapse to confirm that ATP has failed and/or VF has  
18 begun.

19 The microcontroller 60 is coupled to the voltage measuring circuit 90 and  
20 the current source 112 for receiving a magnitude of the established current and a  
21 magnitude of the monitored voltage. The microcontroller 60, operating under  
22 program instructions, divides the magnitude of the monitored or measured voltage  
23 by the magnitude of the established current to determine an impedance value.  
24 Once the impedance signals are determined, they may be delivered to the memory  
25 94 for storage and later retrieved by the microcontroller 60 for therapy adjustment

1 or telemetry transmission. The telemetry circuitry receives the impedance values  
2 from the microcontroller 60 and transmits them to the external programmer. The  
3 impedance value may then be monitored by the patient's physician to enable the  
4 physician to track the patient's condition.

5 The impedance measuring circuit 120 is advantageously coupled to the  
6 switch bank 74 so that any desired electrode may be used. The current source 112  
7 may be programmably configured between a desired pair of electrodes, and the  
8 voltage measuring circuit 90 may be programmably configured between the same  
9 or preferably a different pair of electrodes.

### 10 Exemplary Inventive Embodiments Overview

11 In the embodiments below, various configurations of electrodes are  
12 provided that permit measurements of left ventricular function to be made for both  
13 monitoring and therapy delivery. The different configurations can have a variety  
14 of polarities. For example, bipolar, tripolar and quadrapolar configurations can be  
15 used. Bipolar configurations are configurations that utilize any two suitable  
16 electrodes; tripolar configurations are configurations that use any three suitable  
17 electrodes; and quadrapolar configurations are configurations that use any four  
18 suitable configurations. The different configurations can be used to measure one  
19 or more physiological parameters for assessing or determining a patient's cardiac  
20 condition based on left heart impedance measurements. In the discussion that  
21 follows, certain specific electrode configurations are described to provide non-  
22 limiting examples of various bipolar, tripolar, and quadrapolar configurations that  
23 can be used to facilitate measurement of left ventricular function and the  
24 measurement of other parameters associated with heart function.  
25

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## Respiration

In conjunction with ventricular pacing of the heart, one parameter associated with the heart which is prominent in ascertaining the effectiveness of the cardiac pacing is respiration (or a respiration parameter, for example, tidal volume, respiration rate, minute ventilation or volume, abnormal or periodic breathing). This requires ascertaining the condition of the lung tissue and may also be measured by the device 10 illustrated in FIG. 3. This may be preferably accomplished by sourcing the current between the housing 40 and right ventricular coil electrode 36 while measuring the voltage between the left ventricular tip electrode 25 and housing 40.

One limitation in the use of a pacing electrode, or a pacing electrode pair, in the cardiac vein is that the local impedance is influenced by many factors. With the system illustrated in FIG. 4, a three-point impedance measurement is obtained which is less affected by the local impedance of the electrode or electrodes in the great vein. As a result, an accurate measure of the left ventricular impedance is obtained to provide corresponding accurate monitoring of stroke volume and the respiration parameter.

In measuring the respiration parameter, a current path is established between the left ventricular tip electrode 25 and the housing 40. Once established, the voltage measuring circuit measures the voltage between the left ventricular ring electrode 26 and the housing 40. This effectively provides an impedance measurement corresponding to the respiration parameter. The resulting measured voltage signal will have both cardiac and respiratory components. However, the



## Left Ventricular Wall Dynamics

In an alternate embodiment, shown in FIG. 9, the device 10 can be coupled to a different electrode configuration for measuring left ventricular wall dynamics. Here it will be seen that the current source 112 is coupled between the left ventricular ring electrode 26 and the left ventricular tip electrode 25. The voltage measuring circuit 90 is also coupled between left ventricular ring electrode 26 and left ventricular tip electrode 25. Since the left ventricular electrodes 25 and 26 are preferably positioned so as to be located on the left ventricular free wall, the voltage signal measured by the voltage measuring circuit 90 will predominantly represent myocardium impedance for measuring left ventricular wall dynamics, such as the wall thickness.

FIG. 10 shows an alternate bipolar electrode configuration that can be utilized to measure impedance for measuring left ventricular wall dynamics. In this embodiment, the current source 112 is coupled between the left atrial ring electrode 27 and the left ventricular tip electrode 25. The voltage measuring circuit 90 is coupled between the left atrial ring electrode 27 and the left ventricular tip electrode 25.

FIG. 11 shows an alternate tripolar electrode configuration that can be utilized to measure impedance for measuring left ventricular wall dynamics. In this embodiment, the current source 112 is coupled between the left atrial ring electrode 27 and the left ventricular tip electrode 25. The voltage measuring circuit 90 is coupled between the left atrial ring electrode 28 and the left ventricular tip electrode 25.

FIG. 12 shows an alternate quadrapolar electrode configuration that can be utilized to measure impedance for measuring left ventricular wall dynamics. In

1 this embodiment, the current source 112 is coupled between the left atrial ring  
2 electrode 28 and the left ventricular tip electrode 25. The voltage measuring  
3 circuit 90 is coupled between the left atrial ring electrode 27 and the left  
4 ventricular ring electrode 26.

5 Alternatively, the current source 112 can be coupled between a right  
6 ventricular electrode 32 or 34 and the housing 40 with voltage measurement still  
7 performed between electrodes 26 and 25 as shown in FIG. 13. As will be  
8 appreciated by those skilled in the art, an alternative embodiment could employ a  
9 single electrode within a cardiac vein on the left ventricular free wall and  
10 appropriate filtering to extract the cardiac component in the impedance signal.

11 FIG. 14 shows an alternate tripolar electrode configuration that can be  
12 utilized to measure impedance for measuring left ventricular wall dynamics. In  
13 this embodiment, the current source 112 is coupled between the right ventricular  
14 ring electrode 34 and the housing 40. The voltage measuring circuit 90 is coupled  
15 between the left atrial ring electrodes 27, 28.

16 FIG. 15 shows an alternate electrode configuration that can be utilized to  
17 measure impedance for measuring left ventricular wall dynamics. In this  
18 embodiment, the current source 112 is coupled between the right ventricular ring  
19 electrode 34 and the housing 40. The voltage measuring circuit 90 is coupled  
20 between the left atrial ring electrode 28 and the left ventricular ring electrode 26.

### 21 22 **Left Ventricular Volume Measurements**

23 The current source 112 and voltage measuring circuit 90 may be employed  
24 in still further different configurations that facilitate left ventricular volume  
25 measurements. Here it will be seen that the left ventricular volume measurements



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1 are made with electrode pairs which are selected to measure a cross-section of the  
2 left ventricle. This can be done by determining the trans-chamber impedance.

3 For example, FIG. 16 shows a configuration that can be utilized to monitor  
4 stroke volume. In this configuration, the current source 112 can be configured to  
5 provide an alternating current between the housing 40 and the right ventricular coil  
6 electrode 36. As this current is established, the voltage across the left ventricle is  
7 measured between the left ventricular tip electrode 25 and the right ventricular coil  
8 electrode 36. This gives an accurate measure of the left ventricular impedance and  
9 will provide an accurate contraction signature.

10 FIG. 17 shows another configuration that can be utilized to determine trans-  
11 chamber impedance. Here, the current source 112 is coupled between the right  
12 ventricular tip electrode 32 and the left ventricular ring electrode 26, while the  
13 voltage measuring circuit 90 is coupled between the right ventricular ring  
14 electrode 34 and the left ventricular tip electrode 25.

15 FIG. 18 shows a bipolar configuration that can be utilized to determine  
16 trans-chamber impedance. Here, the current source 112 is coupled between the  
17 right ventricular ring electrode 34 and the left ventricular ring electrode 26, and  
18 the voltage measuring circuit 90 is coupled between the right ventricular ring  
19 electrode 34 and the left ventricular ring electrode 26.

20 In accordance with the embodiment shown in FIG. 18, the current source  
21 112 is coupled between the right ventricular ring electrode 34 and the left  
22 ventricular ring electrode 26, while the voltage measuring circuit 90 is coupled  
23 between the right ventricular ring electrode 34 and the left ventricular tip electrode  
24 25.  
25

1 Preferably, the voltage measuring circuitry 90 measures the voltage  
2 between the right ventricular electrode 32 or 34 which was not used in the  
3 establishing of the electrical current path and the left ventricular tip electrode 25.  
4 The voltage signal thus measured will be representative of the cross-section of the  
5 left ventricle and yield an accurate representation of the left ventricular volume.

6 In yet another alternative embodiment for measuring left ventricular  
7 volume (a quadrapolar configuration), shown in FIG. 20, it will be noted that the  
8 current source 112 is coupled between the right ventricular ring electrode 34 and  
9 the first left atrial ring electrode 27, while the voltage measuring circuit 90 is  
10 coupled between the right ventricular tip electrode 32 and the second left atrial  
11 ring electrode 28.

12 Alternatively, shown in FIG. 21, the current source 112 can be coupled  
13 between the right ventricular ring electrode 34 and the housing 40, while the  
14 voltage measuring circuit 90 is coupled between the right ventricular tip electrode  
15 32 and the second left atrial ring electrode 28.

16 In yet another embodiment, a quadrapolar configuration shown in FIG. 22,  
17 is provided for measuring the left ventricular volume. Here, the current source  
18 112 establishes an electrical current between the right ventricular ring electrode 34  
19 and the first left atrial ring electrode 27. While this current is established, the  
20 voltage measuring circuit 90 measures the voltage between the right ventricular tip  
21 electrode 32 and the second left atrial ring electrode 28 . The resulting voltage  
22 signal measured by the voltage measuring circuit 90 will represent the impedance  
23 across the cross-section of the left ventricle to provide an accurate representation  
24 of the left ventricular volume.  
25

1 The impedance measurements may be obtained by establishing an electrical  
2 current between the electrode of an electrode pair and measuring the voltage  
3 between the electrode pair during the current establishment. Mechanical  
4 activation of an associated chamber will cause a significant deflection in the  
5 resulting voltage signal or impedance. This provides a valuable tool for  
6 monitoring systolic and diastolic time intervals of the heart. For example, an  
7 impedance measurement from a chamber may be taken to indicate the mechanical  
8 activation of that chamber as for example the electrode pair, 32 and 34, in the right  
9 ventricle to indicate the timing of the right ventricular contraction and the bipolar  
10 pair, 25 and 26, to indicate the timing of the left ventricular contraction. From the  
11 different times of mechanical activation, systolic and diastolic time intervals may  
12 be ascertained by comparing these times to those based on electrogram  
13 measurements.

14 As can be seen from the foregoing, the present invention provides a system  
15 and method for measuring a physiological parameter of, or associated with, a  
16 patient's a heart. In each of the foregoing embodiments, a current flow is  
17 established through a left side of the heart and a voltage is measured between a  
18 first location on or in the left side of the heart and a second location within the  
19 human body while establishing the current flow. This preferably includes  
20 implanting a first electrode within the coronary sinus and/or a vein of the heart,  
21 implanting a second electrode within the body, establishing a current within the  
22 body, and measuring a voltage between the first and second electrodes while  
23 establishing the current flow. As a result, impedance measurements may be  
24 obtained which provide valuable information for the patient's physician to  
25 diagnostically monitor and use which are indicative of physiological parameters

1 of, or associated with, the heart for those patients which require cardiac rhythm  
2 management associated with the left side of the heart.

3 Although the invention has been described in language specific to structural  
4 features and/or methodological steps, it is to be understood that the invention  
5 defined in the appended claims is not necessarily limited to the specific features or  
6 steps described. Rather, the specific features and steps are disclosed as preferred  
7 forms of implementing the claimed invention.

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